DSPL9 Delivering Special Provision Locally

DSPL9 Parent, Carer and Family Newsletter

2nd April 2025

Welcome to the 13th DSPL9 newsletter for the academic year 2024/25 .
This provides families and school colleagues with current local SEND information with a focus on **Parents and Families**.

This newsletter will be published fortnightly. Next edition : 7th May 2025 (Following Easter Break)

Please contact Triage enquiries@dsplarea9.org.uk if your child or young person has complex needs that you require further support with.

DSPL9 support

- DSPL9 EBSA Support Groups for Parents and Carers are available to book
- DSPL9 Parent and Carer Coffee Mornings for all parents of children with SEND are available to book.

Next Coffee Morning 7th May 2025

Other services – New this week

- Find details attached of Summer term free workshops and courses provided by SPACE HERTS
- Potential Kids have a range of fun activities for the Easter Break
- Supporting Links are offering **more** workshops this coming **Summer Term**. These are open to parents and carers of children with diagnosed or suspected ASD and/or ADHD across Hertfordshire, funded by the Local Authority.

Other services – From previous news but places may still be available.

- Supporting Links bring you details of **6 online** courses and **1 in-person** group.
- Easter is fast approaching and potential Kids have a fun packed programme of events, now available to book via their website .
- Families Feeling Safe are pleased to confirm more courses for Mums, Dads and Carers starting in May.

DSPL9 Delivering Special Provision Locally

DSPL 9

Parent Support Group

Parent/carer monthly
Emotional Based School Avoidance (EBSA) Support Groups

Does your child's school avoidance affect you as a parent?

Would you like a safe space to share your experiences with others?

DSPL 9 will be holding monthly sessions for parents with children experiencing EBSA to share their experiences and seek support from a range of professionals attending each of the sessions.

Monday 19th May 1pm -2.30pm	WFC Community Trust	Booking link for 19.05.25
Monday 16th June 1pm 2.30pm	Transition	Booking link for 16.06.25

Please use the links above to book.

All sessions will be held remotely via Microsoft Teams.
Please note you will receive the Microsoft Teams link within your booking confirmation.

Each meeting will be attended by two Family Support Workers, Nessie therapists and facilitated by the DSPL 9 Manager and SEND Lead.

Each session will start with all parents in one group, followed by the use of breakout rooms to enable age specific conversations and discussions to take place. The session will then end with all parents coming together

DSPL9

Delivering Special Provision Locally

PARENT/CARER COFFEE MORNING

For all parents/carers of children with SEND

WEDNESDAY 7TH MAY 10.00AM-11.30AM

ASDA WATFORD COMMUNITY ROOM 2
ST ALBANS RD, WATFORD WD24 7RT

Please join the DSPL9 Triage team to find out about the support available locally and to meet other parents and carers of children with SEND.

We will also be welcoming professionals from ADD Vance

They will be happy to share valuable insights about their services and the support they offer to neurodivergent families.

If you would like to attend or to find out more please email us at

enquiries@dsplarea9.org.uk

DSPL9 Delivering Special Provision Locally

PARENT/CARER COFFEE MORNINGS 2025

For all parents/carers of children with SEND

- **WEDNESDAY 7TH MAY 10AM -11.30AM**
- **THURSDAY 3RD JULY 10AM -11.30AM**

ASDA WATFORD COMMUNITY ROOMS
ST ALBANS RD, WATFORD WD24 7RT

Please join the DSPL9 Triage team to find out about the support available locally and to meet other parents and carers of children with SEND. We are delighted to also be welcoming professionals from Children and Young People's Mental Health Services, SPACE Herts and Add Vance.

If you would like to attend or to find out more please email us at-

enquiries@dsplarea9.org.uk

https://spaceherts.org.uk/training/

SPACE HERTFORDSHIRE

SUMMER TERM 2025 FREE ONLINE WORKSHOPS

22nd April	10:00-11:30	Autistic Girls
22nd April	18:30-20:00	Access Arrangements
23rd April	10:00-11:30	Understanding Dyslexia
24th April	19:00-21:00	Sleep Workshop
25th April	10:00-12:00	Understanding Behaviour as Communication
28th April	10:00-12:00	ADHD in Girls and Women
30th April	10:00-12:00	Sensory Signs, Signals and Solutions
2nd May	10:00-12:00	Anxiety and SEND
8th May	10:00-12:00	Navigating the SEND World Post-16
9th May	10:00-12:00	Understanding Dual Diagnosis: Autism and ADHD
12th May	10:00-11:00	Understanding ADHD
19th May	10:00-11:30	Understanding Dyslexia
19th May	18:30-20:30	Navigating the SEND World
20th May	10:00-12:00	EHCPs - New Applications
22nd May	10:00-12:00	Understanding Autism
23rd May	10:00-12:00	Puberty and Neurodiversity
HALF TERM		
2nd June	18:30-20:30	ADHD in Girls and Women
3rd June	10:00-11:30	Understanding Tics and Tourettes
3rd June	19:00-21:00	Sensory Signs, Signals and Solutions
4th June	10:00-12:00	Anxiety and SEND
6th June	10:00-12:00	PDA, ODD and ADHD
9th June	10:00-11:30	Encouraging Independence in Neurodivergent Young People Ages 8+
9th June	18:30-20:00	Understanding Dyslexia
10th June	10:00-12:00	Sleep
10th June	18:30-20:00	Autistic Girls
11th June	10:00-12:00	Understanding Behaviour as Communication
13th June	10:00-12:00	Understanding Dual Diagnosis: Autism and ADHD
16th June	10:00-11:30	Understanding and Supporting Emotional Regulation
16th June	18:30-20:30	Navigating the SEND World Post-16
17th June	10:00-11:30	Understanding OCD
17th June	18:30-20:00	Understanding and Supporting Executive Function
18th June	10:00-12:00	Therapeutic Thinking for Parent Carers
19th June	19:00-20:30	EHCPs - Annual Reviews
24th June	10:00-12:00	Navigating the SEND World
25th June	10:00-12:00	ADHD in Girls and Women
1st July	10:00-12:00	Sensory Signs, Signals and Solutions
3rd July	18:30-20:30	Puberty and Neurodiversity
4th July	10:00-12:00	Anxiety and SEND
7th July	10:00-11:30	Understanding and Supporting Executive Function
8th July	10:00-12:00	EHCPs - Submission to Finalisation
8th July	18:30-19:30	Understanding Autism
9th July	10:00-12:00	No two brains are the same: What is Neurodiversity
11th July	10:00-12:00	Understanding Behaviour as Communication
14th July	18:30-19:30	Understanding ADHD
16th July	10:00-12:00	PDA, ODD and ADHD

scan me

spaceherts.eventbrite.co.uk

Hertfordshire

The majority of these workshops are funded by
The Targeted Parenting Fund

SPACE

Autism | ADHD
Neurodiverse Conditions

NEURODIVERSITY IN GIRLS AND WOMEN

4 weeks online courses

Understand more about the particular challenges which autistic girls and/or those with ADHD can face and leave equipped with strategies and approaches to help celebrate and support them

Course content

- Explore the general characteristics of Autism and ADHD
- Understand gender difference and how Autism and ADHD may present differently in girls
- Understand masking and camouflaging and the impact it has
- Explore approaches and strategies to help, support and celebrate autistic girls and/or those with ADHD

6:30pm-8:30pm Tuesdays 29th April and 6th, 13th, 20th May or
10:00am-12:00pm Thursdays 5th, 12th, 19th, 26th June

Book via Eventbrite: SPACE Hertfordshire

SPACE
Autism | ADHD
Neurodiverse Conditions

PARENTING ADHD

3 week online course

7:00-9:00pm Mondays 23rd, 30th June and 7th July

Increase your knowledge of ADHD and build a toolbox of strategies to support family life.

ADHD Foundation
The Neurodiversity Charity

Book via Eventbrite: SPACE Hertfordshire

SPACE
Autism | ADHD
Neurodiverse Conditions

SLEEP TIGHT

3 weeks online course

10am-12pm Tuesdays 29th April and 6th, 13th May

Build a toolbox of strategies to help overcome sleep issues and help everyone in the family have improved sleep

Explore common challenges with sleep - how SEND affects sleep and sleep affects SEND

Identifying and Managing Sleep Problems

Sleep hygiene, bedtime routines, positive bedtimes and sleep friendly bedrooms

the sleep charity

Book via Eventbrite: SPACE Hertfordshire

SPACE
Autism | ADHD
Neurodiverse Conditions

TALKING SENSORY

3 Week Online Courses

Course content

- Identify the 8 main senses and systems
- Explore differences in sensory processing
- Understand sensory behaviours, signs and signals
- Explore approaches and strategies
- Know where to go for additional help and resources

10:00am-12:00pm Wednesdays 7th, 14th, 21st May

Book via Eventbrite: SPACE Hertfordshire

SPACE
Autism | ADHD
Neurodiverse Conditions

To book click here

APRIL 2025 ACTIVITIES

SESSIONS FOR NEURODIVERGENT CHILDREN/YOUNG PEOPLE AND SIBLINGS

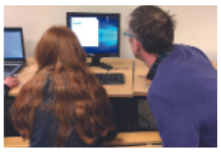
BOOKINGS potentialkids.org.uk/events

Date		Sessions	Time
3rd	Thu	Bushcraft/Stem Home Ed 4 + yrs	10.30-12.00
4th	fri	Welcome Space Community Drop-In	10.00-12.30
8th	Tue	Easter Egg Hunt and cooking and crafts 4 + yrs	10.00-11.00
8th	Tue	Easter Egg Hunt and cooking and crafts 4 + yrs	11.30-12.30
8th	Tue	Donuts at Gosling Snow Centre 6 + yrs	14.00-15.00
10th	Thu	Go Wild in the Forest at Hudnell Park 10-14 yrs	12.45-15.00
10th	Thu	Trampolining 5 + yrs	18.30-19.30
14th	Mo	Pony Day 6-11 yrs	10.00-12.00
14th	Mo	Pony Day 6-11 yrs	13.00-15.00
15th	Tue	Donuts at Gosling Snow Centre 6 + yrs	14.00-15.00
16th	We	Ninja Warrior Watford Exclusive session	19.00-20.00
17th	Thu	Inflatables at Hatfield Leisure Centre	17.00-18.00
24th	Thu	Bushcraft/Stem Home Ed 4 + yrs	10.30-12.00
24th	Thu	Trampolining 5 + yrs	17.20-18.30
25th	Fri	Welcome Space Community Drop-In	10.00-12.00
25th	Fri	Therapeutic Gardening Home Ed Group 8 + yrs	12.30-14.00
25th	Fri	Skateboarding 10 + yrs	17.30-18.30
25th	Fri	Youth Group 16 + yrs	18.30-20.30
26th	Sat	Free Family Football Drop-In Birchwood	16.00-17.00

For further information on any of our Activities or Educational Services please email us at info@potentialkids.org

POTENTIAL KIDS

PK Hub & Garden



Therapeutic Gardening 1:1 & Group Sessions. Volunteers Needed

Danecroft Stables

Pony Days

OUR OFFER

Sports & Social Activities
Tutoring
Mentoring
Therapies
1:1 & Group Work
Alternative Provision Provider
EOTAS

Communication, Learning & Social Support for All

Visit us here

the galleria

OCN London — Accredited Training Provider of OCN London Qualifications

The King's Award for Voluntary Service

COMMUNITY FUND

Hertfordshire

Parent & Carer Support
TALKING ASD & ADHD
Workshops Summer 2025

Supporting Links
Promoting Strong Family Relationships

Eventbrite Page

Workshops are FREE to parents and carers living in Hertfordshire of children aged 2-25yrs with suspected or diagnosed Autistic Spectrum Disorder and/or Attention Deficit Hyperactivity Disorder.

ANXIETY & STRESS

- The difference between stress and anxiety.
- Understanding anxiety conditions in ASD/ADHD.
- Spot the signs of stress.
- Triggers amongst neurodivergent children.
- Help your anxious child feel safe.
- Early warning signs of mental health problems.

Wednesday 14th May, 9.30-11.15am

Workshop SL762 book via Eventbrite:
https://www.eventbrite.co.uk/e/talking-asd-adhd-stress-anxiety-762-for-parentscarers-in-herts-registration-1307006775449

COPING with CHANGE

- How children feel about and react to change.
- Prepare children for big changes such as starting a new school.
- Coping with small day to day changes.
- Responding to children when they are struggling.
- Learn from new experiences.

Wednesday 21st May, 7.30-9.15pm

Workshop SL763 book via Eventbrite:
https://www.eventbrite.co.uk/e/talking-asd-adhd-coping-with-change-763-for-parentscarers-in-herts-registration-1308622327609?aff=oddtdtcreator

RESPONDING to ANGER

- Healthy & unhealthy anger.
- How to spot the signs early.
- Our own and our children's triggers.
- Techniques that stop angry and aggressive behaviour escalating and when to use them.
- How to respond to our child in meltdown, keeping ourselves, our child and siblings safe.

Monday 9th June, 7.30-9.15pm

Workshop SL764 book via Eventbrite:
https://www.eventbrite.co.uk/e/talking-asd-adhd-responding-to-anger-764-for-parentscarers-in-herts-registration-1301137008819

THE TEENAGE YEARS

- Teenage brain development and how it affects a child with ASD/ADHD.
- Reducing conflict by learning how to respond effectively to difficult situations.
- How to agree appropriate boundaries and teach risk assessment.
- Help teens develop independence skills.

Wednesday 25th June, 7.30-9.15pm

Workshop SL765 book via Eventbrite:
https://www.eventbrite.co.uk/e/talking-asd-adhd-the-teenage-years-765-for-parentscarers-in-herts-registration-1307948441999

TECH USE

Wednesday 2nd July, 9.30-11.15am

Workshop SL766 book via Eventbrite:
https://www.eventbrite.co.uk/e/talking-asd-adhd-tech-use-766-for-parentscarers-in-herts-registration-1307911732199?aff=oddtdtcreator

- Keep your child safe online.
- Help your child to switch their device off.
- Support behaviour difficulties when playing.
- Using devices as a reward or consequence.
- Teach children self-regulation

Follow us on:

Contact via:
info@supportinglinks.co.uk
www.supportinglinks.co.uk

Funded by Hertfordshire County Council's Targeted Parenting Fund

Hertfordshire

- Supporting Links bring you details of **6 online** courses and **1 in-person** group.
- Easter is fast approaching and potential Kids have a fun packed programme of events, now available to book via their website .
- Families Feeling Safe are pleased to confirm more courses for Mums, Dads and Carers starting in May.

Parent & Carer Support
Summer Term 2025

Supporting Links
Promoting Strong Family Relationships

FREE to parents and carers living in Hertfordshire

All courses are 6 weeks with a break for half term 26th-30th May

TALKING TEENS

6, weekly sessions for parents and carers of children aged 12-19, covering:

- The Teen Brain: physical and emotional changes taking place and why behaviour changes.
- The link between behaviour and communicating difficult feelings.
- How to maintain your relationship with good communication.
- Understand risk taking behaviour around drugs, alcohol and gang culture.
- How to negotiate and reduce conflict.

Wednesdays
7.45 - 9.15pm
7th May to 18th Jun
Online Course: ID 759

Tuesdays
7.45 - 9.15pm
3rd Jun to 8th Jul
Online Course: ID 760

TALKING ADDITIONAL NEEDS

A 6-week group for parents and carers of children with any additional need aged 2-19
Your child does not need a diagnosis.

- Understand your child's behaviour.
- Develop strategies that really work.
- Reduce conflict and increase co-operation.
- Improve emotional regulation.
- Explore sensory needs.
- Increase your child's resilience.
- Manage different needs in your family.

Tuesdays
9.30 – 11.30am
3rd Jun to 8th Jul
Face to Face: ID 755
Gade Community Room
Oakleaf Primary School,
Hemel Hempstead

Tuesdays
8.00 - 9.30pm
6th May to 17th Jun
Online Course ID 756

Summer Term 2025

Supporting Links
Promoting Strong Family Relationships

TALKING FAMILIES

6, weekly sessions for parents and carers of children aged 0-12 sharing tips on:

- Managing challenging behaviour with consistency.
- Encouraging positive behaviour.
- Building your child's self-esteem.
- Setting and maintaining boundaries.
- Responding to tantrums and difficult feelings in children.
- Developing a strong parent/child relationship now and for the future.

Thursdays
9.45 – 11.15am
8th May to 19th Jun
Online Course ID 757

Tuesdays
8.00 - 9.30pm
6th May to 17th Jun
Online Course ID 758

TALKING DADS

6, weekly sessions for dads & male carers of children 0-19 sharing information on:

- Improved listening and communication skills.
- A healthy dad-child relationship now and for the future.
- Effective strategies for dealing with anger and conflict.
- How to enforce boundaries.
- Being the dad, you want to be.

Wednesdays
7.45 - 9.15pm
4th Jun to 9th Jul
Online Course: ID 761

All courses are 6 weeks with a break for half term 26th-30th May

Booking essential. Please Quote the Course ID

To check eligibility and book a place, please contact Supporting Links on:

07512 709556 or bookings@supportinglinks.co.uk

These courses are provided free to parents by Hertfordshire County Council's Targeted Parenting Fund

Information taken on booking will be used to process your booking, check your eligibility, identify any access needs and will be stored in accordance with our GDPR policy which is available on request

Find us on Instagram | Find us on: facebook | can parent | Hertfordshire

EASTER FUN

POTENTIAL KIDS

🐣 TUE 8 APRIL: EASTER EGG HUNT, COOKING & CRAFTS AT COMMUNITY & LEARNING GARDEN (AGES 4+) - £6
TIME: 10.00-11.00AM & 11.30-12:30PM

🌳 THU 10 APRIL: GO WILD FOREST SESSION AT HUDNELL PARK (AGES 10-14) - £10
TIME: 13:00-15.00PM

🤸 FRI 10 APRIL: TRAMPOLINING AT GOSLING (AGES 5+) - £6
TIME: 18:30-19:30PM

🐴 MON 14 APRIL: PONY DAY AT DANECROFT STABLES (AGES 6-11) - £25
TIME:10:00-12:00PM & 13:00-15:00PM

🍩 TUE 8 & 15 APRIL: DONUTS AT GOSLING (AGES 8+ OR 6 IF ACCOMPANIED ON SLOPES) - £6
TIME: 14:00-15:00PM

🥷 WED 16 APRIL: NINJA WARRIOR WATFORD (AGES 8+) - £13.50 TIME: 19:00-20:00

🤸 THU 17 APRIL: INFLATABLE ZONE AT HATFIELD LEISURE CENTRE (AGES 8+) - £8.95
TIME:17:00-18:00PM

BOOKINGS:
potentialkids.org/events
Further event details can be found on our website

Promoting social inclusion, new friendships, physical activity, life skills, learning and social skills

the galleria

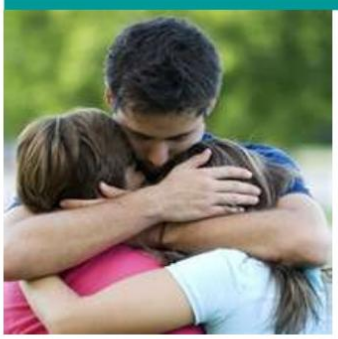
EMBRACING NEURODIVERSITY
Autism-ADHD-Dyslexia-Dyspraxia-Tourettes
www.potentialkids.org.uk

The King's Award for Voluntary Service

Supporting Dads with Protective Behaviours

For Dads & Male Carers

Online course starting May 2025



Families Feeling Safe

Tuesday evenings

6 May—1 July
7.00pm—9.00pm
(excluding half term)

Course code L4/eve

Are you looking for strategies and new ideas to help improve family life?

This fully funded 8-week term time course can help you to:

Understand what may be influencing your child's behaviour

Understand how Feelings, Thoughts and Behaviour link together

Respond to a range of feelings e.g. anger, frustration, anxiety, stress and worry

Improve communication to build better relationships

Build on your own and your child's strengths

Learn strategies to help you and your family feel safe

For eligibility and to book your fully funded place please contact:

enquiries@familiesfeelingsafe.co.uk

Tel: 07850 518216

***Please quote the course code and your mobile number**

Hertfordshire

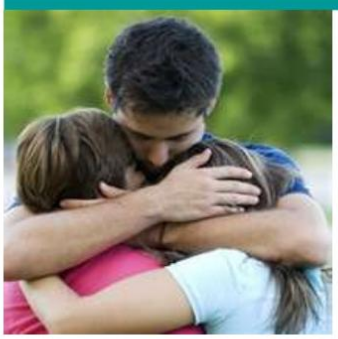
Please like us on Facebook for further updates @familiesfeelingsafe

Families Feeling Safe Protective Behaviours Services has been funded through HCC to provide Families Feeling Safe programmes across Hertfordshire .We deliver Protective Behaviours training for professionals and provide programmes and workshops to children and their families www.familiesfeelingsafe.co.uk E-mail: enquiries@familiesfeelingsafe.co.uk

Supporting Families with Protective Behaviours

For Mums, Dads & Carers

Online courses starting May 2025



Families Feeling Safe

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This fully funded 8-week term time course can help you to:

Understand what may be influencing your child's behaviour

Understand how Feelings, Thoughts and Behaviour link together

Respond to a range of feelings e.g. anger, frustration, anxiety, stress and worry

Improve communication to build better relationships

Build on your own and your child's strengths

Learn strategies to help you and your family feel safe

Tuesday mornings

6 May—1 July
9.30am—11.30am
Course code L5/am

or

Thursday evenings

8 May—3 July
7.00pm—9.00pm
Course code L5/eve

For eligibility and to book your fully funded place please contact:

enquiries@familiesfeelingsafe.co.uk or **Tel: 07850 518216**

***Please quote the course code and your mobile number**

Please like us on Facebook for further updates @familiesfeelingsafe

Hertfordshire

Families Feeling Safe Protective Behaviours Services has been funded through HCC to provide Families Feeling Safe programmes across Hertfordshire .We deliver Protective Behaviours training for professionals and provide programmes and workshops to children and their families www.familiesfeelingsafe.co.uk E-mail: enquiries@familiesfeelingsafe.co.uk

- THRIVE youth CiC are offering boxing sessions for 12 -16 year olds https://thriveyouthcic.co.uk/
- Spaces may be available to attend 3 Family Lives parenting groups, funded by Herts County Council, in the Spring term for parents/carers who live in Hertfordshire.
- Families Feeling Safe are looking forward to running their next full funded workshops which are open to all parents and carers across Hertfordshire. There is no cost to attend
- Potential Kids have lots of activities on this month.

THRIVE YOUTH CIC

IN COLLABORATION WITH WATFORD AMATEUR BOXING

Providing FREE BOXING SESSIONS FOR BOTH BOYS AND GIRLS AGED 12 TO 16 YEARS

WHAT TIME?

10 AM TO 11 AM EVERY SUNDAY

WHERE?

BEHIND WOODSIDE LEISURE CENTER WOODSIDE DEPOT, HORSESHOE LANE, GARSTON, WATFORD WD257HH

START DATE:

16/02/2025

thrive youth cic

TO BOOK PLEASE CONTACT CAROLINE ON

07570703097

admin@thriveyouthcic.co.uk
director@thriveyouthcic.co.uk

Dads Together

Sign up to our 6-week online group

Do you feel you are constantly nagging at your child to get what you need?

Are you tired of losing your cool and want a calmer house?

Join our free dads together 6-week online group to help you feel more effective at getting your child to cooperate and listen to you.

Date, time and venue

- Wednesday 26th February to 2nd April 2025
- 7.00pm to 9.00pm
- This course will be delivered online via MS Teams

To book your place, call **Louise** on **0204 522 8700**, email **services@familylives.org.uk** or scan our QR code to use our online referral form

Scan Me!

We build better family lives together

www.familylives.org.uk

@FamilyLivesHertsandBeds

Hertfordshire

Family Lives is registered as a company limited by guarantee in England and Wales No. 3817762. Registered charity No.1077722.
Registered address: The Annex York House, Salisbury Square, Hatfield, Hertfordshire, AL9 5AD

family lives

Getting on with your pre-teen or teen

Sign up to our 6-week online group

Is your teen feeling anxious or isolated?

Are you concerned about their mental health and struggling to know how best to support them?

Learn how parents can best emotionally support their teen and feel confident and prepared for whatever challenges might arise.

Date, time and venue

- Thursday 27th February to 3rd April 2025
- 9.30am to 11.30am
- This course will be delivered online via MS Teams

To book your place, call **Louise** on **0204 522 8700**, email **services@familylives.org.uk** or scan our QR code to use our online referral form

Scan Me!

We build better family lives together

www.familylives.org.uk

@FamilyLivesHertsandBeds

Hertfordshire

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Registered address: The Annex York House, Salisbury Square, Hatfield, Hertfordshire, AL9 5AD

Is your children's arguing getting you down?

Sign up to our **Sorting Out Family Arguments** online group

Join our 6-week online group that will help improve family communication, reduce the reactions which lead to arguments and create a culture of teamwork in your family.

Date, time and venue

- Wednesday 26th February to 2nd April 2025
- 9.30am - 11.30am
- This course will be delivered online via MS Teams

To book your place, call **Louise** on **0204 522 8700**, email **services@familylives.org.uk** or scan our QR code to use our online referral form

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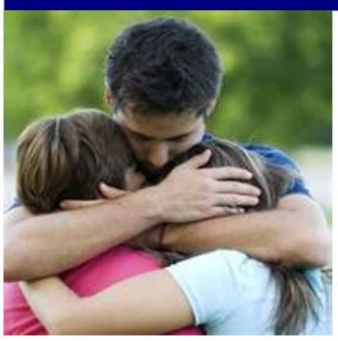
Registered address: The Annex, York House, Salisbury Square, Hatfield, AL9 5AD.

New 2 hour Workshop - Communication

Online March/April 2025



Families Feeling Safe

For Dads & Male Carers
When:
Monday 31 March
7.00pm—9.00pm

This 2 hour fully funded workshop is open to all Hertfordshire parents and carers. Learn more about:

- Why communication matters for everyone
- Communication to build and support healthy relationships
- The stress response system and the effects on communication
- The Language of Safety Model
- Skills and strategies - from learning to practice
- The importance of communication and the Protective Behaviours Process

For Mums, Dads & Carers
When:
Tuesday 1 April
9.30am—11.30
or
7.00pm—9.00pm

To book your place please use this link or the QR code

Booking Link

Please like us on Facebook for further updates @familiesfeelingsafe

Hertfordshire

Families Feeling Safe Protective Behaviours Services has been funded through HCC to provide Families Feeling Safe programmes across Hertfordshire .We deliver Protective Behaviours training for professionals and provide programmes and workshops to children and their families www.familiesfeelingsafe.co.uk E-mail: enquiries@familiesfeelingsafe.co.uk

https://potentialkids.org.uk/

March 2025 Activities

Sessions for Neurodivergent children/young people and Siblings

BOOKINGS potentialkids.org.uk/events

Date		Sessions	Time
1st	Sat	FREE Family Football - Drop In	16.00-17.00
6th	Thu	Bushcraft/Stem Home Ed 4+	10.30-12.00
7th	Fri	Welcome Space Community Drop-In	10.00-12.30
7th	Fri	Therapeutic Gardening Home Ed Group 8 + yrs	12.30-14.00
8th	Sat	Soft Archery 7+	16.00-17.00
13th	Thu	Bushcraft/Stem Home Ed 4+	10.30-12.00
13th	Thu	Trampolining 5+	17.20-18.30
14th	Fri	Welcome Space Community Drop-In	10.00-12.30
14th	Fri	Therapeutic Gardening Home Ed Group 8 + yrs	12.30-14.00
14th	Fri	Youth Group 16+	18.30-20.30
15th	Sat	Basketball 7 + yrs	16.00-17.00
18th	Tue	Roller Skating 8+ yrs	18.00 - 19.30
20th	Thu	Bushcraft/Stem Home Ed 4+	10.30-12.00
21st	Fri	Welcome Space Community Drop-In	10.00-12.30
21st	Fri	Therapeutic Gardening Home Ed Group 8 + yrs	12.30-14.00
21st	Fri	Youth Group Games and Crafts 10-14yrs	18.00-19.30
22nd	Sat	FREE Family Football - Drop In	16.00-17.00
27th	Thu	Bushcraft/Stem Home Ed 4+	10.30-12.00
27th	Thu	Trampolining 5 + yrs	17.20-18.30
28th	Fri	Welcome Space Community Drop-In	10.00-12.00
28th	Fri	Therapeutic Gardening Home Ed Group 8 + yrs	12.30-14.00
29th	sat	FREE Family Football - Drop In	16.00-17.00

POTENTIAL KIDS

OCN London — Accredited Training Provider of OCN London Qualifications

PK Hub & Garden

Communication, Learning & Social Support for everyone through our inclusive programmes

Therapeutic Gardening 1:1 & Group Sessions. Volunteers Needed

Danecroft Stables

Pony Days

Contact us for details of our PK offer:

Tutoring
Teaching
Mentoring
Therapies
1:1 & Group Work
Alternative provision
EOTAS
DoE

Visit us here

For further information on any of our Activities or Educational Services please email us at info@potentialkids.org

the galleria COMMUNITY FUND

The King's Award for Voluntary Service

Hertfordshire